

### Break the Bias











### Acknowledgements

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Let's continue working together to #BreakTheBias!











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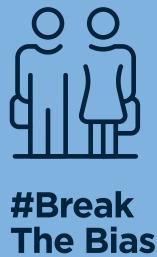
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# #Break The Bias

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# What is unconscious bias?

Unconscious bias is when I am not aware of my judgements, and judge people automatically based on my preferences, experiences and cultural background.





#### Most common forms of unconscious bias



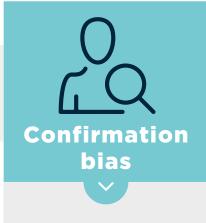
Favouring someone with similar attributes to myself, or someone I like

Ignoring information that challenges your beliefs



How I perceive someone's actions

Preference for someone who looks and sounds like you or shares the same interests as you



Seeking out evidence to back up someone

When they do well: "They got lucky"

When they do poorly: "They have a bad personality/behaviour"



Preferring one gender over the other

The prospects of success or opportunities for an individual reduce once their gender is revealed

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### How does unconscious bias show up?







Preference for someone who looks like me, sounds like me or shares the same interests as me





Assuming that when a person does well: "They got lucky" when they do poorly: "They have a bad personality/behaviour"





Looking for information that supports our beliefs and ignoring details to the contrary

### The impact of unconscious bias in the workplace

Although it is widely recognised that diversity of thought and innovation are key to securing bottom-line results and workplace productivity, our unconscious preferences for people who are like us continue to severely challenge our ability to create these conditions.

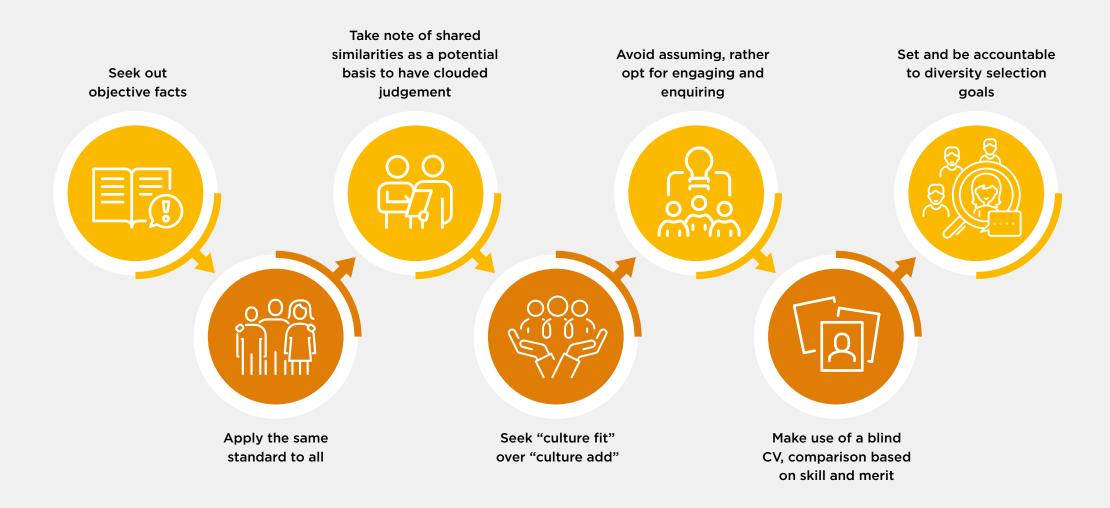
Biases can sneak into every encounter we have, from the language used in job specifications and decisions on who to hire or promote, to managers overlooking poor performance of those they know and like.

In recruitment, biases can lead to generalisations that determine the right candidate for the job not based on their skills, but on the perceived origin of their name or nationality. A study by Raconteur revealed that on average, 24% of job applicants of white British origin received a positive response from employers, compared with only 15% of ethnic minority applicants with identical CV's and cover letters. Gender biases are also common in many job roles that historically attract one gender over the other for example, female nurses or male engineers.

While in some industries there may be traditional stereotypes, it is important for managers to advertise and hire based on the qualities and characteristics required for the job and to be aware of how easily gender biases can arise.



#### How to avoid unconscious bias



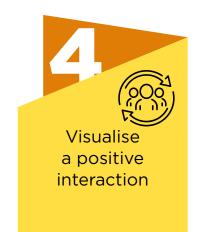


# Five tips for managing unconscious bias at work











### To eliminate unconscious bias in the workplace, consider the following:



Educate
employees on
the types of
unconscious bias
and negative
consequences
that can arise
from allowing
such behaviour
to become
normalised



Monitor each other for unconscious bias and question comments or remarks that are culturally or gender stereotypical



Reconsider the rationale behind an initial decision to establish if all facts were considered or if biases may have crept in



Deliberately slow down decision making to reduce the likelihood of a making a snap decision



Set up a Diversity
and Inclusion
Committee to
build and maintain
processes and
enforce cultural
behaviours that
align with the
diversity goals of
the company



# NO ONE IS BORN BIASED, IT IS LEARNED BUT WITH AWARENESS AND KNOWLEDGE YOU CAN WORK ON IT.

In the workplace, this starts with awareness and becoming mindful of unconscious biases, particularly for those with decision making power on hiring, promotions and business best practice. Individual awareness and ownership must also be underpinned by policy, processes and frameworks to truly promote diversity throughout the workplace.



## Case study



Interviews were conducted last week Monday at company X.



Three people were interviewed by the HR manager Thabo, a well-known proud Zulu man.



The three interviewees had the same qualifications and two years' work experience.



The first interviewee is a woman from Limpopo Province.



The second interviewee is from the Eastern Cape and the third one is from KwaZulu-Natal.



The first candidate's interview lasted 20 minutes, the second candidate's interview lasted 30 minutes but the last interviewee, who happened to be from Newcastle, Thabo's hometown, took the whole 45 minutes allocated for each interview.



The HR manager surprisingly decided to hire the interviewee from his home town.



#### The impact and case for change

We all hold biases that we may not be aware of, these biases may even go against our own value systems 2

Unconscious bias also plays out in workplace dynamics where people may unfairly discriminate against others (3)

If we can create

AWARENESS and

ACCEPTANCE of our

unconscious biases, we

can start taking ACTION

to remove these and

ACHIEVE a truly

inclusive workplace

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### To learn more about unconscious bias you can visit the following sites:



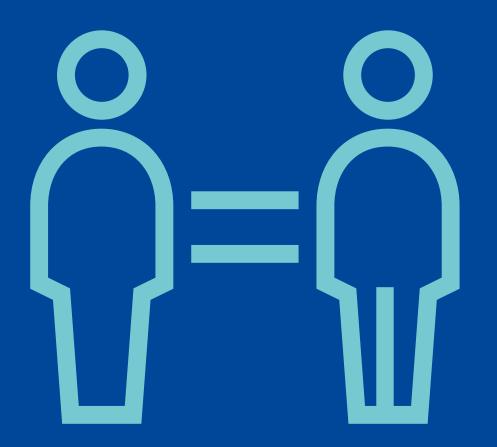




Working Together We Can #BreakTheBias



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