



MINERALS COUNCIL
SOUTH AFRICA



Khumbul'ekhaya



STOP THE SPREAD:

Good hygiene will slow the spread of COVID-19



Wash your hands regularly for 20 seconds with soap and water



Avoid close contact with anyone who has a fever and cough



Avoid close contact with other people if you are coughing or have a fever



Cover your mouth and nose with your elbow or a tissue when you cough or sneeze



Avoid touching your face

Good hygiene at work and at home will protect you and your loved ones from getting sick



STAY SAFE AND HEALTHY
AT HOME AND AT WORK

#MakingMiningMatter

#inthistogether #staysafeandhealthy #stopthespread